

(Research/Review) Article

Implementation of Smart Home Automation System Using Internet of Things Technology

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Abstract: The advancement of Internet of Things (IoT) technology has significantly transformed traditional homes into intelligent living environments. This study presents the implementation of a smart home automation system utilizing IoT components to control and monitor household devices remotely. The system integrates NodeMCU ESP8266 microcontrollers, sensors (temperature, motion, light), and actuators (relays for lights, fans, and appliances) which are connected through a Wi-Fi network. A mobile application is developed to enable real-time control and monitoring, enhancing user convenience, energy efficiency, and home security. The system also includes automated scenarios such as turning off lights when no motion is detected or adjusting ventilation based on temperature. Testing results show that the system responds within an average delay of less than 1.5 seconds and maintains stable performance across various network conditions. The findings confirm that IoT-based home automation offers a scalable, cost-effective solution to improve the quality of life and resource management. This study contributes to the development of sustainable and intelligent home systems for modern living.

Keywords: Smart Home; Home Automation; IoT; Remote Monitoring; NodeMCU

1. Introduction

The emergence of the Internet of Things (IoT) has revolutionized the way humans interact with their living environments. In particular, the integration of IoT in home automation systems has enabled real-time control, monitoring, and automation of household appliances, lighting, temperature, and security systems using internet-connected devices (Al-Fuqaha et al., 2015). This shift has marked the transition from traditional homes to intelligent, connected smart homes.

Smart home automation enhances user convenience and comfort while optimizing energy consumption and improving overall household safety. For example, smart lighting systems that automatically adjust based on occupancy and ambient light levels help reduce unnecessary power usage (Sarduy et al., 2021). Similarly, temperature sensors integrated with ventilation systems allow climate control to be more responsive and efficient. These features not only support sustainable living but also contribute to better resource management in urban environments.

Recent developments in low-cost microcontrollers such as the NodeMCU ESP8266 have made it feasible to implement smart home systems at an affordable price. These devices support Wi-Fi connectivity and can easily integrate with sensors and actuators, forming the backbone of many DIY and scalable smart home architectures (Razaque et al., 2022).

Despite the growing popularity of smart homes, challenges remain in achieving reliable communication, system interoperability, and real-time responsiveness under varied network conditions. Thus, implementing and evaluating a robust, low-latency, and scalable IoT-based smart home system becomes a critical area of research and development for future digital living environments.

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2. Literature Review

A. Internet of Things (IoT)

The Internet of Things (IoT) refers to a network of interconnected physical objects embedded with sensors, software, and network connectivity that enable these objects to collect and exchange data (Al-Fuqaha et al., 2015). In the context of smart home automation, IoT serves as the backbone that connects household devices such as lights, fans, security systems, and appliances to a centralized control unit, allowing for real-time data transmission and remote access.

IoT-based systems offer significant advantages, including flexibility, scalability, and the ability to integrate with cloud services for data analytics and automation scenarios (Gubbi et al., 2013).

B. Smart Home Automation

Smart home automation involves the use of technology to control and automate various home functions such as lighting, climate, entertainment systems, and security devices. These systems aim to improve comfort, enhance energy efficiency, and provide users with real-time control over their environments (Sarduy et al., 2021). Automated decisions can be based on sensor input, predefined rules, or user behavior patterns.

Smart homes rely heavily on embedded systems and IoT frameworks to gather environmental data and execute automated commands with minimal user intervention.

C. NodeMCU ESP8266 Microcontroller

The NodeMCU ESP8266 is a low-cost, Wi-Fi-enabled microcontroller that is widely used in IoT applications. It supports multiple digital and analog inputs/outputs and is programmable through the Arduino IDE, making it suitable for home automation prototypes (Razaque et al., 2022). Its ability to connect to cloud platforms via HTTP or MQTT protocols allows real-time data synchronization and remote control from smartphones or web dashboards.

D. Sensors and Actuators

Sensors are essential for collecting data in smart home systems. Common sensors used include temperature sensors (e.g., DHT11/DHT22), motion detectors (PIR), and light sensors (LDR). Actuators such as relays or servos are used to execute commands like turning lights or fans on/off. The integration of these components enables automation rules such as “turn off lights when no motion is detected” or “activate ventilation when temperature exceeds a threshold” (Miorandi et al., 2012).

E. Cloud Connectivity and Mobile Control

Cloud-based platforms such as Blynk, Firebase, or ThingSpeak are frequently used in IoT applications to store sensor data, visualize system status, and enable control via mobile apps. These services allow users to access and control their smart home systems remotely and securely over the internet, enhancing convenience and operational insight (Ray, 2016).

3. Proposed Method

A. Research Design

This study applies an experimental and prototyping approach to design, develop, and evaluate a smart home automation system based on Internet of Things (IoT) technology. The goal is to create a real-time, remote-controlled system using low-cost and open-source hardware and software components, with a focus on scalability, energy efficiency, and user convenience (Razaque et al., 2022).

B. System Architecture and Components

The smart home prototype was built using the following hardware:

- NodeMCU ESP8266 Microcontroller: Serves as the control unit, enabling Wi-Fi connectivity and communication with cloud services (Al-Fuqaha et al., 2015).
- Sensors: DHT22 for temperature and humidity, PIR for motion detection, and LDR for ambient light sensing.
- Actuators: 5V relays used to control lights and fans.
- Power Supply: A 5V adapter was used to power the system.

The software environment consisted of:

- Arduino IDE for programming the microcontroller.
- Blynk App for user interface and mobile control.
- MQTT protocol and Firebase for real-time data exchange and storage (Ray, 2016).

C. Implementation Procedure

The research followed these steps:

- Designing the circuit and system logic using flowcharts.
- Programming NodeMCU with sensor inputs and actuator control routines.
- Integrating the system with Blynk and Firebase for mobile monitoring and cloud data logging.
- Deploying the system in a simulated indoor environment (e.g., a room with lighting and ventilation).

The system's behavior was tested under various conditions, such as changes in temperature, motion, and light intensity.

D. Testing and Evaluation

The system was evaluated based on:

- Response time from user input to system action.
- Accuracy of sensor readings.
- System uptime and reliability during continuous operation.
- User experience feedback from test users via questionnaires.

Data was collected for a 7-day period to analyze system consistency and fault tolerance.

4. Results and Discussion

System Functionality

The IoT-based smart home system was successfully developed and deployed in a simulated residential environment. The NodeMCU ESP8266 microcontroller operated as the core of the system, effectively receiving sensor input and executing control signals through actuators. The system supported real-time communication with the Blynk application and Firebase database for remote control and monitoring. Each connected device (lights, fans) responded to sensor inputs such as motion, temperature, and ambient light within an average latency of 1.2 seconds—meeting the expected range for real-time response (Razaque et al., 2022).

Sensor Accuracy and Reliability

The DHT22 sensor showed consistent readings with an average temperature accuracy deviation of $\pm 0.4^{\circ}\text{C}$, which aligns with manufacturer specifications (Adafruit, 2020). PIR sensors reliably detected motion events, which were used to trigger automatic lighting. The system demonstrated stable performance during 7 days of continuous testing, with uptime exceeding 98%, validating its reliability for domestic applications (Sarduy et al., 2021).

User Interaction and Interface

Using the Blynk mobile app, users could manually override automated functions and view real-time temperature and motion status. The interface was rated as user-friendly by 10 test participants. Feedback highlighted the app's simplicity and responsiveness as key strengths. These findings support previous studies emphasizing that user interface quality is a critical success factor in IoT adoption for home use (Ray, 2016).

Automation Scenarios and Energy Efficiency

Automation rules were implemented to reduce energy waste. For instance, lights turned off when no motion was detected for five minutes, and fans were activated when temperatures exceeded 30°C. These routines align with smart energy-saving strategies cited by Sarduy et al. (2021), which report that smart homes can reduce energy consumption by 10–30% through automation.

System Limitations and Future Work

While the system performed reliably, some limitations were observed. The Wi-Fi dependency can result in momentary service loss during network interruptions. Future development may incorporate offline failover systems or edge computing to improve fault tolerance. Integration with voice assistants and security encryption is also recommended to enhance accessibility and data protection (Gubbi et al., 2013).

6. Conclusions

The implementation of a smart home automation system using IoT technology has demonstrated significant potential in enhancing residential comfort, energy efficiency, and remote control capabilities. By utilizing the NodeMCU ESP8266 microcontroller, integrated with sensors such as DHT22, PIR, and LDR, the system successfully monitored environmental conditions and controlled home appliances in real-time via a mobile application. The system responded within an average delay of less than 2 seconds, and data synchronization through cloud platforms such as Blynk and Firebase ensured seamless remote access.

The study confirmed that such systems are cost-effective, scalable, and user-friendly, which aligns with previous research that highlights the practicality of IoT-based smart home technologies in modern living environments (Razaque et al., 2022; Ray, 2016). Furthermore, the project promotes sustainability by enabling automated energy-saving actions, such as switching off unused lights and regulating ventilation based on temperature.

Recommendations

1. Security Enhancement
Future implementations should incorporate secure communication protocols such as MQTT over TLS or HTTPS to prevent data breaches (Al-Fuqaha et al., 2015).
2. Voice Assistant Integration
Integration with voice assistants like Google Assistant or Alexa can further improve usability and accessibility for end-users.
3. Machine Learning Integration
Using AI or machine learning to predict user behavior could enhance automation and efficiency (Gubbi et al., 2013).
4. Multi-Room Scalability
Expansion of the system to support multi-room and multi-user environments would make the solution more applicable to larger households.
5. Energy Monitoring
Adding smart meters to monitor power consumption per device can provide detailed insights into energy usage and further promote sustainable practices.

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